PROGRAM

Clinical And Educational Workshop Formats & Public Lecture

Professor Dr. Robert Winter
Lenoir-Rhyne University, North Carolina, USA

- Public Lecture: University of Aruba
  September 22, 2011
- *Clinical Format: September 23-24
- *Educational Format: September 24-25

*Workshops Venue: To be announced Later
**Introduction**

- **Art Therapy** can be defined as a form of expressive psychotherapy that utilizes a creative medium to allow an additional and alternate way for individuals to explore and/or understand their lives experiences in a safe and therapeutic environment. Art therapy uses a creative process of making art (e.g. drawings) to improve a person’s physical, mental, and emotional well-being.

- **Neurocognitive Conditions** involve information processing view of an individual’s Psychological Functions (in Infancy, Toddler, Early Childhood, Elementary, Early Adolescence, Adolescence, Adulthood and the Elderly).

- **Some examples** of Neurocognitive dysfunctions: Mild Cognitive Impairment, Dementia, Stroke, Epilepsy, Parkinson, ADHD, Trauma, Learning Disabilities, Anxiety Disorders, Mood Disorders, Addiction, etc.

- **Public lecture on Thursday September 22nd**: This lecture allows those interested the opportunity to become acquainted with the meaning and contents of “Art Therapy & Diagnostics in Emotional and Neuro-Cognitive Conditions”.

- **Workshops Clinical and Educational Format: 23, 24, 25, September**:  
  **Who may apply to these Workshops?**  
  Professionals in Mental Health, Education, Special needs, and Social services e.g.: Clinicians, Educators, Counselors, Legal Advisors, Lawyers, Therapists working with Adults and Children in Crisis, Therapist working with Prison Inmates, Psychologists, Social Workers, Professionals in Elderly Care (people with and without Dementia).

**Objectives:**

- Learn to detect and diagnose possible emotional disorders by understanding the therapeutic value of graphic expression in dementia and other neuro-cognitive disorders.
- Understand the significance of graphic symbols as a way to manifest emotional crises and pathologies.
- Develop a means of communication for the person in crisis who suffers a disease or syndrome, and who is unable to communicate verbally or who is well defended verbally.
- Encourage and facilitate expression without judgment.
- Utilize practical tools for clinical assessment.
- Work therapeutically departing from creative expression.

These intensive workshop formats and lecture will provide a stimulating, challenging and ultimately rewarding experience for everyone.

Professor, Dr. Robert Winter

Professor Dr. Robert Winter is currently Full Professor and Head of the Art Therapy Program at LR University in North Carolina (USA). He completed terminal degrees from Universities in France, Argentina, and the United States (Université Européenne of Paris, National University of Cordoba (Argentina) and University of North Carolina (USA)).

Dr. Winter has been guest lecturer and professor at the Universities of Georgetown (Washington DC), Finlandia (Michigan), University of North Carolina (Charlotte), Université Européenne of Paris (France), University of Seville (Spain), and more recently, through the University of Malaga, at the Neuropsychiatric Center of the Hospitalarian Sisters in Malaga, Spain.

In 1995 the European University of Paris, France, awarded him an Honorary Doctorate for his work and research.

Dr. Winter has his own practice as an Art Therapist in Hickory, NC, and associated therapist with Crossroads Clinic, Women in Crisis and the Hickory Police Department.

Dr. Winter is also a consultant for Catawba County Mental Health Services, Children’s Neuro-therapy Services, Adolescents and Children in Therapy, and Adult Day Services for the Aging (Alzheimer’s Unit) all in North Carolina.

Dr. Winter is proficient in among others English and Spanish.
- Working as an art therapist
- Functions of the Art Therapist
- Individual art therapy and group art therapy
- Learning about art therapy and creative expression
- Learning what individuals reveal through their drawings
- Therapist/client relationship; confidentiality issues
- Therapy Approaches with the Elderly.
- Theoretical Models
- Learning to associate graphic and color symbols
- Perception and Creativity
- Common indicators of emotional disorders
- **Applying Art Therapy to Patients with Dementia**
- Physical environment,
- Importance Collection of diagnostic data.
- Clinical assessment, clinical Interview
- Family dynamics

- Organic and psychological pathologies, similarities and differences
- Visual-spatial functioning
- Significance of symbols that are warning signals
- Release of anger, isolation of affect
- Release of ‘fear’ control over ‘fear’
  - Self-protection
- Non-threatening use of pictures to project feelings
- Control over environment
- Multi-sensory approaches to increase body image
- Organizing chaos with use of affect
- Vulnerability to physical stressors in Alzheimer’s patients
- Art Therapy and Caregivers
- Cultural and ethnic symbols of significance
- Art Therapy related to Social and Environmental Problems
- Legal aspects of Art Therapy
• Assessment of family structure and dynamics
• Projective assessment of current/past issues
• Kinetic family drawings: “ideal family vs. real family”
• Working through emotions and conflicts of constant events
• Observation and Suggested Topics
  ➢ Applying Art Therapy to Patients with Dementia:
  • Physical environment, importance
    Collection of diagnostic data
  • Clinical assessment, clinical interview
  • Family dynamics
  • Organic and psychological pathologies, similarities and differences
  • Visual-spatial functioning
  • Significance of symbols that are warning signals
  • Release of anger, isolation of affect
  • Release of ‘fear’ control over ‘fear’; self-protection
  • Non-threatening use of pictures to project feelings

• Art Therapy: Definition and concept.
• Objectives, Function, and Methodological Foundations.
• Importance of the Process of Graphic Projections
• “Reality” and distortion of reality
• Different ways of Perceptual Alteration
• The Process of Creation of Symbolic Images
• Symbols and their Formation
• The Creative Process vs. the Artistic Process
• Factors to be Considered in the Creative Process
• Development and Formation of Images
• Sequence, Analysis
• Methodological considerations
• Elements to perceive
• Stages and sequences of creative development
• Concrete symbols of environment (children, adolescents, adults)
• Patterns and organization
• Organizing chaos with use of affect
• Assessment of graphic development
• Graphic symbols in reference to the Human Figure
• Warning Indicators
• Graphic symbols in reference to the environment
• Psychological significance of color and its Relationships
• Assessment related to memories of abuse; extent of damage
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**Schedule: Workshops and Lecture**

**Clinical And Educators Format**

**23, 24, 25 September 2011**

**Thursday**
- Workshop: Clinical Format
  - Art Therapy & Diagnostics in Neuro-Cognitive Disorders
  - Coffee Break: ±10:00 Included

**Friday**
- Workshop: Clinical Format
- Workshop: Educational Format
- Coffee Break: ±10:00 Included

**Saturday**
- Workshop: Clinical Format
- Workshop: Educational Format
- Coffee Break: ±14:30 Included

**Sunday**
- Workshop: Educational Format
- Workshop: Educational Format
- Coffee Break: ±14:30 Included

**Lunch** (Own Expense)

**Registration**
- Clinical Format
- Educational Format
- Coffee Available
General Information

Entrance Public Lecture on September 22nd, 2011, is Free Of Charge

Workshops Fee:
➢ Clinical Format: Fee: $ 100,- (175 Florin) Per Participant

➢ Educational Format: Fee: $ 100,- (175 Florin) Per Participant

➢ Both Workshop Formats (Clinical & Educational): Fee: $180 (315 Florin)


➢ Participants May Make Payments By Bank Transfer To: RBTT Bank Aruba N.V. : Account: Stichting Fundacion Alzheimer Aruba # 12.51.511

➢ Book Early, As There Is Limited Availability Place (Max. 40) And Since Seats Cannot Be Reserved On The Course Without Receipt Of Full Fee.

➢ Fundacion Alzheimer Aruba (F.A.A.) Reserves The Right To Retain The Fee In Full In The Event Of Cancellations Made After September 14th, 2011. Cancellation Prior To That Date Will Incur A $30 (51,25 Florins) Administrative Handling Charge.

➢ Participants Should Wear Comfortable, Appropriate Clothing.

The Venue Of The Workshops Will Be Announced Later

For Further Information:
Contact “Fundacion Alzheimer Aruba” Directly:
Phones: (+297) 582 1684 Or (+297) 592 1430
Fax: (+297) 5848416
E-Mail: alzheimeraruba@gmail.com
Will Keep You Also Posted On Facebook
Download Brochure: http://www.alzheimer-aruba.org

See Interview with Dr. Winter in Spanish) on http://vimeo.com/21190726
Application Form

Name:_______________________________________________________________

Address:____________________________________________________________________________

Email:_______________________________________________________________________________

Tel (Home):____________________________________________________________________________

Tel (Mobile):____________________________________________________________________________

Date Of Birth: ___________________________ Place of Birth:______________________________

Occupation:____________________________________________________________________________

Personal Qualifications (If Any)______________________________________________________________________________

Workshops:

“Art Therapy & Diagnostics in Emotional & Neuro-Cognitive Conditions”

WORKSHOPS OPTION: (Please Tick):

☐ Clinical Format ☐ Educational Format ☐ Both Formats

*Although We Will Try To Give Applicants Their First Choice, Allocations Will Be Made On A First-Come-First-Served Basis.

I Enclose A Check / Bank Draft / Postal Order:

☐ $100 Payable To Fundacion Alzheimer Aruba
☐ $180 For Both Workshops (Limited To First 25 Places. So Please Check Availability)

Please Note Your Receipt Is Confirmation Of A Place On The Course.

Signature ___________________________ Date: __________________________.2011

Please Return Completed Form To: Fundacion Alzheimer Aruba
Avenida Milio Croes 29 Suite-C, Oranjestad, Aruba.